

FREE BIKE MAP



San Diego Region



GO by BIKE is the San Diego Regional Bike Network. iCommute is your gateway to transportation choices in the San Diego region.

The iCommute program is managed by SANDAG as part of the regional 511 transportation information program. Visit 511sd.com/iCommute, call 511 and say "iCommute," or email iCommute@sandag.org. For more information on the San Diego Regional Bike Network, visit GObyBIKEsd.com.

Bikes on Transit

If you can't complete your trip by bike, try using transit for part of your trip.

- Buses**
Buses are equipped with folding racks that hold two bikes on the front of each bus.
- Trolley**
One bike is allowed on each Trolley car during rush hours and two bikes are allowed at all other times. Stand and hold your bike during the entire trip.
- COASTER**
At the end of each car, on the lower level, there is space and straps to secure up to four bikes.
- SPRINTER**
Board the train through doors marked with a bicycle icon. You must bring your own straps or bungee cords to secure your bike.
- Amtrak**
Up to six bikes may be carried per train. Bike racks must be reserved, which can be done when travel is booked. You must bring your own straps and lock to secure your bike.

Additional Resources

Explore the great places to ride in the San Diego region with these resources.

San Diego County Bicycle Coalition

Visit SDCBC.org for more information on bike education programs, regional events, bike advocacy, and safety.

Bikeshare Options

Visit 511sd.com/iCommute for information on bikeshare and other shared mobility options in San Diego.

Riding Tips

The following guidelines are intended to provide useful information for people to have a safe, enjoyable ride on bikeways throughout the San Diego region.

Before you ride

- Keep your bike properly maintained. Check your brakes, tires, and chain.
- Make sure your bike fits you comfortably. Check your seat height and handlebars.
- Carry lights and a lock when you ride. For longer trips, consider a patch kit and a tire pump.
- Select a comfortable route. The preferred route for driving may not be the best for biking.

While on the road

- People riding bikes have the same rights and responsibilities as people driving cars.
- California law requires anyone younger than 18 to wear a helmet.
- Use a rack or backpack to keep your hands free. It's more comfortable too.
- At night, the law requires front and rear lights and reflectors, as well as wheel and pedal reflectors. Bright or reflective clothing improves visibility.
- Use hand signals to indicate your turns.
- Avoid using headphones or a cell phone.
- Don't ride under the influence.

Bike loop detectors

Bike loop detectors help minimize delays and keep traffic moving efficiently through intersections. Bike detector markings indicate where to position your bike to trigger a green traffic light.

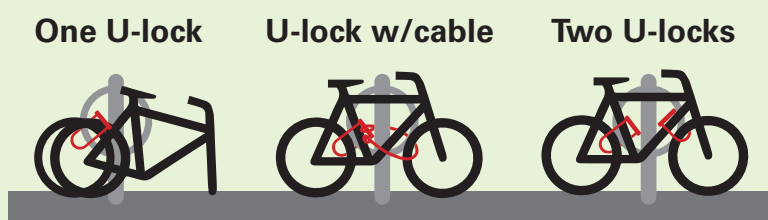
Bike Parking

As part of the GO by BIKE Regional Bike Network, bike lockers are available at all COASTER and SPRINTER stations, most Trolley and Rapid stations, and some Park & Ride lots. A secure group bike parking facility equipped with amenities like lockable racks, air pumps, and a repair workstation is available at the Sabre Springs/Peñasquitos Transit Station and Oceanside Transit Center.

Online registration and a refundable key deposit are required to use the bike parking facilities offered by iCommute. For more information visit 511sd.com/iCommute.

Bike racks

Many locations offer racks to which you can securely lock your bike. Always secure both wheels and the frame to the rack. Take items that can easily be removed from your bike with you.



Rules of the Road

Be aware of traffic laws. The California Vehicle Code (Division 11, Chapter 1, Article 4) is available at dmv.ca.gov.

Three foot passing law

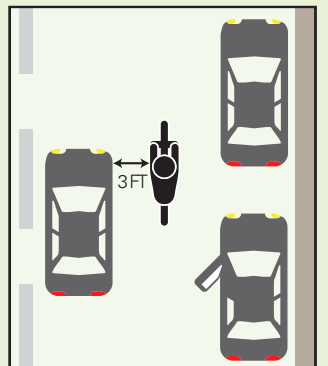
People driving cars must leave at least three feet of space when passing people riding bikes. If the street is not wide enough to allow the three foot distance, the person driving must wait until there is enough room to legally pass or change lanes to pass if necessary.

Sharrows

"Sharrows" markings are a reminder that the lane is shared by people riding bikes and people driving cars. Sharrows are a guide to help people on bikes position themselves safely in the travel lane and encourage drivers to safely pass people on bikes.

Helmets

California law requires anyone younger than 18 to wear a helmet.



Bikeways in the San Diego Region

- multi-use path**
A completely separate path for shared use by bike riders, pedestrians, and other non-motorized users with minimal vehicle crossings. Some paths may have restricted access or speed limits.
- bike lane**
A striped lane for one-way bike travel on a street or highway.
- bike route**
A shared right-of-way designated by signs only, where bike riders share the roadway with motor vehicles. Also includes streets with "sharrows" or shared lane markings.
- freeway shoulder bike access**
Some freeway shoulders are open to bike riders. Use of freeway shoulders by inexperienced bike riders is not recommended. Obey all regulatory signs and exit the freeway when required.
- other suggested routes**
These suggested routes provide additional connections and are not official bikeways. Bike riders should use caution in choosing routes appropriate for their skills and equipment.

steep routes

These are bikeways with steep sections that may be difficult for some bike riders. Arrows point uphill.

Secure bike parking, located at a transit station or Park & Ride lot

Trolley, COASTER, and SPRINTER lines

San Diego Velodrome

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For an interactive version of this map, including routes coming soon, visit 511sd.com/bikemap.

